



# LA RED DE LA COCINA 2024

## La Red means The Latine Network

Build your capacity as a Latine early relational health supervisor working with teams that support Latine birthing parents, infants and young children.



[www.lacocinahome.org](http://www.lacocinahome.org)  
[LaRed@lacocinahome.org](mailto:LaRed@lacocinahome.org)

# ¡Sí Se Puede!



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**Revolution: (noun; from the Latin to re-evolve, revolve)**

A radical movement toward a needed change in the social structure and systems that uphold it; a transformative collective action that results in a desired future state, and/or in equitable outcomes.

**Revolutionary (noun & adjective; from the Latin meaning a moment of great change in current affairs)**

**Noun:** A person dedicated to change-making action(s), particularly in their immediate communities; an advocate for change.

**Adjective:** A distinct action or set of actions intended for social change, especially the type that is both desired and underprescribed.

# ARE YOU READY TO START A REVOLUTION FOR LATINE BABIES & FAMILIES?

You are not alone! La Red is the only training program and community of practice for Latine supervisors working with teams who promote Latine early relational health grounded in social justice.

La Red is the only Latine-founded, Latine-led, and Latine-serving relational health training program and reflective affinity space built to decolonize oppressive supervisory and/or consultation models. La Red's culturally affirming approach is also the sole support system gathering and elevating a community of practice ready to start a revolución for the social and emotional health of Latine babies and their families.

As a national capacity-building program, La Red supports Latine supervisors through rigorous training intensives and group reflective practice

that introduce program participants to La Cocina's **Liberation-Based Reflective Consultation (LiBRC®)** framework—the only Applied Liberation Psychology supervision model based on 12 distinctive skills with the promise of LiBRC's culturally affirming and a non-violent approach to building reflective capacity with Latine peers and teams.

And La Red is the network that speaks the language of your heart. The program supports Spanish-speaking and bilingual (Spanish-English) supervisors across the greater United States.

**TRAIN IN TWO COMPETENCIES.**

**UNCOVER 112.5 OPPORTUNITIES TO LEARN.**

**1**

A Liberation-based orientation to reflective consultation & supervision (RSC) with Latine-serving teams or groups. This includes learning the basics of mainstream RSC as well as La Red's equitable learning outcomes.

**2**

A healing self-reflective approach grounded on LiBRC® 12-skills for transforming the supervision experience overall, and more specifically by grounding all practice(s) on the strength of La Red—our red—distinctly woven from the threads of cultural affirmation, radical self-reflection, and the collective power of our caring community of practice.

## **WHO SHOULD APPLY TO LA RED?**



- Multilingual Latine supervisors who lead teams working with Latine birthing parents, infants, young children, and/or their families. Please note that La Red supervisors lead professionals, paraprofessionals, students, and volunteer groups.
- Latine students in an undergraduate or graduate training program focused on infancy and early childhood healthy development, developmental psychology, early childhood family support, or another similar field of study, and those who are completing their clinical or social services training in infancy and early childhood mental health.

# HYBRID IN-PERSON AND ONLINE PROGRAM REQUIREMENTS & ENROLLMENT BENEFITS

## 2024 La Red Conferencia (in-person requirement)

1

The transformative work of this year's La Red cohort begins at **Weaving La Red: 2024 Threads of La Revolución**, the only fully bilingual (Spanish-English), Latine-centered conference in the world dedicated to the social and emotional health of Latine or Hispanic parents, babies, young children, and the many dedicated Latines who support them.

- All participants accepted to this year's La Red cohort must attend the Conferencia from July 11-14, at beautiful [Tamaya Resort](#) in Santa Ana Pueblo, New Mexico.
- This in-person training requirement constitutes 21-hours of professional didactic and practice-based learning.

## 16-Online Classes from August 2024 to April 2025

2

Next, La Red participants are required to **attend two monthly online classes on Tuesdays and Thursdays, held every third week of the month.**

- Online intensives begin Tuesday, August 20, 2024. La Red's faculty will do their best to accommodate a schedule that supports all cohort members' needs.
- Training intensives will conclude on April 24, 2025.
- Participants are permitted to miss up to three online classes as long as they make up work missed as a result of their absence(s).
- This online program requirement constitutes 40-direct instruction hours.

## Monthly LiBRC® Group and 1-1 Sessions with Tejedoras de La Red

3

- La Red cohort members must participate in **monthly LiBRC® groups from August 2024 to April 2025 and twice-per-month LiBRC® groups in May and June 2025.**
- Participants must engage in **monthly 1-1 LiBRC® sessions** with their assigned Tejedoras group and individual LiBRC® Consultants.
- This online & in-person program requirement constitutes 30.5 LiBRC® practice hours.

4

Present a LiBRC® case assignment, including a video review clip. As part of this assignment, cohort members will show off their newly minted LiBRC® skills, receive feedback from their peers and program faculty, and give valuable feedback as part of peer reviews of their colleagues' assignments. All assignments will be completed between April and June 2025 and in time for the 2025 Conferencia!

## 2025 La Red Conferencia (July 2025)

5

La Red's cohorts begin and end their learning journeys at La Cocina's annual *Conferencia*. While we have not selected the site of our 2025 La Red meeting, we can tell you it will happen in July, and it will be fabulous!

- By the time the *Conferencia* rolls around, La Red cohort members are ready to graduate. You will be invited to join your fellow graduates in person at the 2025 Conferencia, where we will want to whoop, whoop, and celebrate you and your accomplishments. *¡Te lo mereces, graduade!*
- New this year: graduates who complete all program requirements will be eligible for a \$1000 recognition stipend.

**In all, La Red cohort participants will receive 112.5 direct-instruction and practice hours, scholarships to attend both the 2024 and 2025 La Red Conferencias and may earn \$1000 as a stipend for completing the whole program! What!? *Así es, mije...*** La Red's value exceeds \$10,000 in training opportunities, plus the healing support of a community of practice of Latine supervisors ready to start a revolution for Latine babies, children and families.



## PROGRAM BENEFITS AT-A-GLANCE

- 1.** 112.5 direct professional training and LiBRC® practice hours.
- 2.** Convenient online and in-person hybrid model.
- 3.** Experiential practice-based learning seamlessly woven with didactic content.
- 4.** Exclusive training in La Cocina's LiBRC® framework and 12 culturally-affirming skills.
- 5.** "Healer, heal thyself" model centers 1-1 and small group LiBRC® support with Tejedoras de La Red, who are La Red graduates completing their second year of LiBRC® training.
- 6.** Video-review case assignment(s) and presentations followed by "live" feedback by Tejedoras LiBRC® facilitators.
- 7.** Recognition stipend in the amount of \$1000 for completing all program requirements.
- 8.** Full scholarships include program tuition and Conferencia registration and travel costs. In all, a value of over \$10,000 in professional development, specialized training, conference and direct travel costs. *¡En serio! ¿Qué esperas?!*

## LA RED DE LA COCINA 2024-2025 CALENDAR AT A GLANCE

DATE	TRAINING DESCRIPTION	HOURS AWARDED
March 8	Applications open at noon.	N/A
May 3	Applications close at noon.	N/A
May 17	2024-2025 La Red cohort announced.	N/A
July 11	<i>Weaving La Red: 2024 Threads of La Revolución</i> Conferencia kicks-off with La Red participants meeting their Tejedoras for the first time from 2:00-4:30 p.m. at <a href="#">Tamaya Resort</a> in Santa Ana Pueblo, New Mexico.	2.5
July 12	Attend 2024 Conferencia in New Mexico.	8
July 13	Attend 2024 Conferencia in New Mexico.	8
July 14	Attend 2024 Conferencia in New Mexico.	2.5
August 20 & 22	First and second online classes.	5
September 24 & 26	Online classes	5
October 22 & 24	Online classes	5
November 19 & 21	Online classes	5
NO CLASS IN DECEMBER		
January 21 & 23	Online classes.	5
February 18 & 20	Online classes.	5
March 18 & 20	Online classes.	5
April 22 & 24	Online classes.	5
August 2024 to April 2025	Monthly 90-minute group LiBRC® sessions, and 60-minute 1-1 LiBRC® sessions with Tejedoras de La Red lead consultants.	22.5
May to June 2025	Two monthly 90-minute group LiBRC® sessions, and 60-minute 1-1 LiBRC® sessions with Tejedoras de La Red lead consultants.	8
July 2025	2025 La Red Conferencia—Cohort case review presentations will shine during the Conferencia.	21
<b>TOTAL NUMBER OF DIRECT INSTRUCTION HOURS TO GRADUATION IN JULY 2025</b>		<b>112.5</b>





## HOW TO APPLY

1. Review all program requirements and be honest about whether or not you can commit.
2. Complete our online [La Red 2024-2025 Program Application](#), making sure you reserve between 30-40 minutes to complete and submit your application before the May 3 deadline.
3. Still have questions? Connect with us over email at [LaRed@LaCocinaHome.org](mailto:LaRed@LaCocinaHome.org).

## ABOUT LA COCINA

La Cocina is a nonprofit corporation that elevates Latine-centered knowledge that heals and transforms. As part of this purpose, we co-design generative learning pathways with Latine communities impacted by systemic inequity. La Red is part of La Cocina's community co-designed Applied Liberation Psychology programming. We are a national organization where social and emotional health is actively co-designed by-Latines, with-Latines.

**“LA GENEROSIDAD SIEMPRE ES EL MEJOR CAMINO.”**

--Jorge González Moore

La Red's funding partners are deeply committed to co-designing equity in the fields of maternal, infancy and early childhood mental health. La Red de La Cocina is funded nationally by the W.K. Kellogg Foundation, the Perigee Fund, and the Irving Harris Foundation. In our beloved Colorado, La Red is funded by the Caring for Colorado Foundation and the Buell Foundation. Donors and/or investors interested in supporting La Red's impressive collective impact(s) may contact Hillary Fulton at [HFulton@LaCocinaHome.org](mailto:HFulton@LaCocinaHome.org).



[www.lacocinahome.org](http://www.lacocinahome.org)  
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As a nonprofit corporation, we greatly appreciate the financial support of sponsors, donors and/or organizations who value our network approach to building collective social and emotional health and wellbeing. If you love what we do, give to La Cocina or consider sponsorship levels that create big collective impacts. Click [here](#) and give now.

